

APPS TO USE FOR TOKEN ECONOMY SYSTEMS

Implementing a token economy system can be an effective way to encourage children to complete chores and exhibit desired behaviors. Several apps are designed to help parents manage such systems:

1. **Token Parent:** This app allows parents to create a token-based system where children earn tokens for completing chores and displaying good behavior. These tokens can be exchanged for rewards, teaching kids the value of earning and responsibility.
2. **Chores & Allowance Bot:** This app assists families in managing chores, allowances, and savings goals. Parents can set daily, weekly, or monthly allowances, and children can track their savings through an allowance graph.
3. **iAllowance:** Available for iOS, iAllowance enables parents to create chores, set their frequency, and transfer funds into virtual banks for each child as they complete tasks or earn rewards. It also offers a star system to track chores and a time-tracking feature to monitor screen time.
4. **RoosterMoney:** This app offers both free and paid versions, allowing families to manage allowances and chores. Features include creating and managing star and reward charts, setting money goals, and tracking money virtually.
5. **S'moresUp:** Referred to as the "Swiss Army knife of parenting," S'moresUp helps families manage household chores and allowances, aiming to teach kids financial responsibility and organizational skills.

Many token economy system apps for kids' chores include a **response cost feature**, but it depends on the specific app. A **response cost** involves deducting tokens as a consequence for undesirable behaviors or failure to meet expectations, making it a tool for teaching accountability.

Apps That Might Include Response Cost

1. **Allowance and Chore Trackers:** Apps like RoosterMoney, Homey, or GoHenry sometimes allow parents to deduct tokens (or monetary equivalents) for missed chores or misbehavior.

2. **Behavior Management Apps:** Apps designed for both chores and broader behavior management, such as ClassDojo (used in classrooms), might explicitly integrate response costs.
3. **Customizable Token Systems:** Apps like Reward Chart or iRewardChart often allow parents to set up their own rules, including token deductions.

Why Response Cost Can Be Useful

- **Reinforces Accountability:** Children learn the value of consistency and responsibility.
- **Balances Rewards with Consequences:** Encourages kids to avoid losing progress on their goals.
- **Teaches Decision-Making:** Helps kids evaluate their behavior and its impact.

Considerations

- Not all apps offer a response cost feature by default; some focus solely on rewarding positive behavior.
- Parents often need to customize the app settings to incorporate token deductions.
- The success of a response cost system depends on how it is implemented—overusing deductions can demotivate kids, so it's essential to balance it with positive reinforcement.

If you're evaluating a specific app, checking its feature list or user reviews will clarify whether it includes response cost functionality.